



# Thorne Research

An important part of your preventive health care

## You care about what you put in your body. At Thorne Research – so do we.

Hypoallergenic, defined: Non-allergy producing. A term applied to a preparation in which every possible care has been taken in formulation and production to ensure minimum instances of allergic reactions. (*Blakiston's Medical Dictionary*)

It is often said that the United States is in the midst of a health-care crisis. You may eat right and exercise, but if you're like most Americans, your lifestyle leaves a lot to be desired. Fortunately, dietary supplementation can fill some of those nutritional gaps. But the sheer number of products available can be overwhelming. You may wonder, "Where do I begin?"

Your journey toward optimum health starts by partnering with your trusted health-care practitioner. Health-care practitioners like yours trust and rely on Thorne Research for our superior ingredients, innovative formulations, and hypoallergenic products. They know that Thorne's commitment to quality is unparalleled and that commitment has been the driving force for Thorne for over 20 years.

**ConsumerLab lists Thorne Research as the number one choice for nutritional supplements in the health practitioner market.**

None of Thorne Research's more than 280 nutritional supplements contain potentially allergenic fillers, binders, or lubricants. Even the most sensitive allergy patient can use Thorne Research products. With our pure, effective supplements, we can help you live well, naturally.

## With Thorne Products, Patient Results Speak For Themselves

".... your products are the only multivitamins which give a positive response .... your approach of using only encapsulated products makes so much sense to me that I am very curious and perplexed as to why so many (seems like most) nutritional products on the market are tableted ...."

R. Forsell, Jr.

"I have been using Thorne Research's 'Basic Nutrients IV' for many years. The pharmacy where I get them closed down, and I have no idea where to look for these vitamins! I have found them to be the most effective vitamins I've ever used and hate taking the one I am taking now."

A. Robinson

"I have had excellent results from Thorne products prescribed for me, some of which I had taken before from other manufacturers, but without the (amazing) results I received from yours. I never would have believed that such a difference between nutritional products existed, before I experienced it for myself."

H. Solaas

## Why Thorne? Reason #1 Pure Ingredients

Thorne is the only company to use the purest ingredients available. Compare the two labels on this page. They appear to be identical. But what you don't see are the potentially allergenic ingredients used by other companies. Companies are not required to list these ingredients if they aren't added at the time the product is manufactured into the final dosage form.

### What You See on Thorne's Label

Supplement Facts		
Serving Size: Eight Capsules		
Eight Capsules Contain:		%DV
Pure Ascorbic Acid	Vitamin C .....	60 mg 100%
Pure Vitamin D	Vitamin D .....	400 IU 100%
Pure natural D-alphaTocopheryl	Vitamin E .....	30 IU 100%
Pure Vitamin K Oil	Vitamin K .....	80 mcg 100%
Pure Riboflavin	Riboflavin .....	1.7 mg 100%
Pure Vitamin B12 as Cyanocobalamin	Vitamin B12 .....	6 mcg 100%
Pure Biotin	Biotin .....	300 mcg 100%
Pure, undiluted Pepsin	Pepsin .....	300 mg *
Pure, undiluted Pancreatin	Pancreatin .....	1000 mg *
Pure, undiluted Bromelain	Bromelain .....	18 mg *
Pure, undiluted Papain	Papain .....	18 mg *
* Daily Value (DV) not established		
Vegetarian capsule	Other Ingredients: Cellulose capsule.	

### What We Give You

### What You See on Other Labels

Supplement Facts		
Serving Size: Eight Capsules		
Eight Capsules Contain:		%DV
90% Ascorbic Acid, with 10% Corn Starch and Lactose	Vitamin C .....	60 mg 100%
0.1% Vitamin D dilution in a base of Dicalcium Phosphate, Lactose, Acacia, BHT, Sodium Benzoate, and Sorbic Acid	Vitamin D .....	400 IU 100%
50% DL-alpha Tocopherol dilution in a base of hydrolyzed protein, Sorbic Acid, and Sodium Benzoate	Vitamin E .....	30 IU 100%
1% Vitamin K dilution in a base of Lactose	Vitamin K .....	80 mcg 100%
33% Riboflavin, with Mono- and Diglycerides of Fatty Acids surrounding each particle for better flow and flavor masking	Riboflavin .....	1.7 mg 100%
Cyanocobalamin (0.1% B-12 dilution in a base of Corn Starch with Sodium Benzoate and Sorbic Acid)	Vitamin B12 .....	6 mcg 100%
1% Biotin diluted on a base of Dicalcium Phosphate, Lactose, Sodium Benzoate, and Sorbic Acid	Biotin .....	300 mcg 100%
Pepsin, standardized with Lactose	Pepsin .....	300 mg *
Pancreatin, standardized with Lactose	Pancreatin .....	1000 mg *
Bromelain, standardized with Lactose	Bromelain .....	18 mg *
Papain, standardized with Lactose	Papain .....	18 mg *
Gelatin from beef and/or pork	Other Ingredients: Gelatin capsule.	
* Daily Value (DV) not established		

### What They Don't Tell You

Same label ingredients - different raw materials

# Why Thorne? Reason #2

## No Impure Additives

Compare the labels on this page. Here you see the IMPURE ingredients used by other companies. Companies are required to list these ingredients because they were added during a final stage of the product's manufacture.

Thorne is the ONLY company to use pure, hypoallergenic ingredients—from raw materials to the finished product. For over 20 years, we have NEVER used the common, inexpensive, potentially harmful ingredients often used by other companies. We never have, and we never will. That's why your health-care practitioner trusts Thorne.

Thorne's Label

**Supplement Facts**  
Serving Size: One Capsule

Each Capsule Contains:	%DV
Calcium (as Citrate) . . . . 100 mg	10%

\* Daily Value (DV) not established

Other Ingredients: Cellulose capsule. May contain one or more of the following hypoallergenic ingredients to fill space — Magnesium Citrate, Laurate, Leucine, Silicon Dioxide.

Thorne Research Products are available through health care practitioners and pharmacies. This pure capsule form to eliminate binders, coatings or allergenic ingredients which may be detrimental to the user.

← this is the shell of capsule

← "Hypoallergenic" — definition: non-allergy producing. A term applied to a preparation in which every possible care has been taken in formulation to ensure minimum instances of allergic reactions. (*Blakiston's Medical Dictionary*)

← If an ingredient could cause an allergic reaction in a patient, impede absorption of the nutrient in the digestive tract, or have an undesired effect on the patient - that ingredient will NEVER be in a Thorne Research product

Other Company's Label

**Supplement Facts**  
Serving Size: One Capsule

Each Capsule Contains:	%DV
Calcium (as Citrate) 100 mg	10%

\* Daily Value (DV)

Other Ingredients: Lactose, Castor Oil, Gelatin, Sodium Lauryl Sulfate, Carmel color, FD&C Yellow #5 Lake (Tartrazine), Magnesium Stearate, Propylene Glycol.

← this can cause bloating and diarrhea

← this is a tablet solubilizing agent

← these are colorings

← this is a plasticizer

← this is a lubricant made of large fats that can affect product absorption

**About Our Company**  
Thorne Research is the leading developer and manufacturer of nutritional supplements backed by solid research and scientific evidence, and available exclusively through health-care practitioners. For more than 20 years, we've produced innovative, comprehensive products in pure capsule form, without the additives, flowing agents, and binders commonly used throughout the industry. Each formula is designed with one thing in mind: *to help improve your health, well-being, and quality of life.*

By designing products for the most sensitive allergy patient, Thorne has introduced a new level of supplement effectiveness for all patients seeking nutritional support. The purity of our products directly equates to better absorption and enhanced bioavailability.

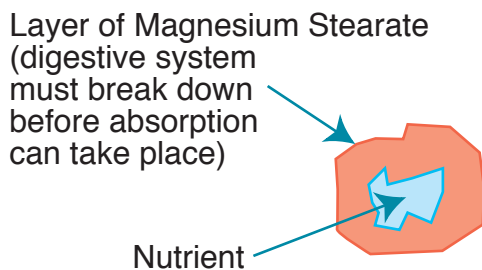
Thorne manufactures a line of more than 280 high-purity, truly hypoallergenic nutritional supplements in our own 58,000-square-foot, state-of-the-art facility in Dover, Idaho.

For more information about Thorne Research visit our website at [www.thorne.com](http://www.thorne.com)

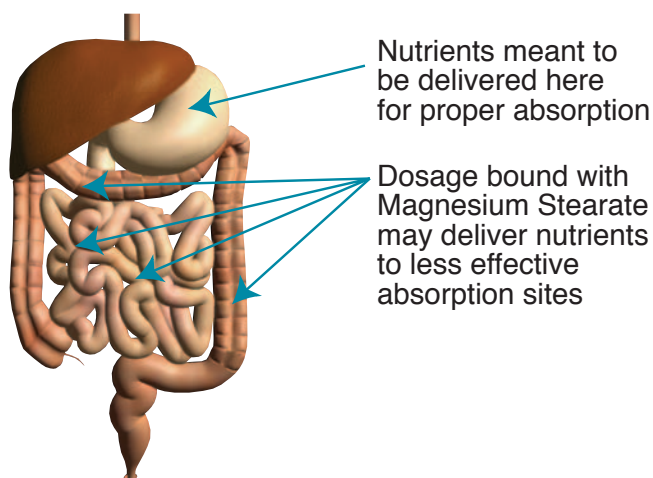
## Why Thorne? Reason #3 Absorption

Thorne products contain NO lubricants made of indigestible ingredients that prevent you from absorbing the active nutrients.

Lubricants enable tableting and capsuling machines to run more efficiently, but these large fat molecules can prevent the product from dissolving in your digestive tract. **Good for the machine — bad for you.** You may not absorb the product or receive its benefits. Large fatty acid additives in this category include: stearic acid and its cousins, magnesium stearate and calcium stearate. These lubricants have similar negative properties — reduced dissolution and inhibited absorption.



Learn to look on a supplement's label for the presence of stearic acid or magnesium stearate.



## Quality

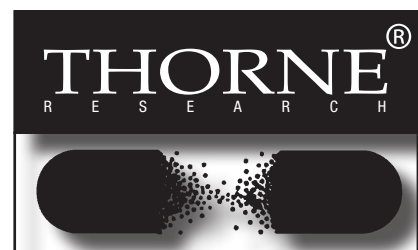
Thorne uses only the highest quality ingredients available.

## Innovation

Thorne has been on the cutting edge of manufacturing technology and product innovation since 1984. We were the first company in the U.S. to provide Ginkgo biloba, the first company in the world to market Zinc and Chromium Picolates, and the only company to manufacture these and other innovative products without using stearates.

## Commitment

Our commitment is to provide you with the purest, most effective dietary supplements available in the world.



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